

Maggie Whittington's Testimonial

I had the lap band surgery in January 2006. Since I have had the surgery my life has completely changed. Before surgery I was miserable. I weighed 226 pounds and wore a size 22. My blood pressure was high, I had chronic hip pain, no energy and I felt like life was passing me by. Currently I weigh 149 pounds and I am a size 10. My blood pressure is normal and I no longer suffer from pain in my hip. My life has been given back to me. I feel like I have been given a second chance. I am very active and now I can participate in activities I was not able to before. For the first time in my life I feel content and happy with myself.

Dr. Sofronski and Bovard as well as the rest of the staff at the Delmarva Bariatric Center have supported me completely throughout my journey. They have encouraged me, taught me and helped me each step of the way to becoming a happy and healthy person. I'm so glad that I made the decision and commitment to be a part of this life changing program. I have not reached my weight loss goal yet, but I know that if I continue to use my lap band as a tool and remain committed to the program, I will succeed.